

Appendix 3 – Pool Rules

Rule	Reason
No Running (even into the pool)	The Deck is slippery
No Balls in the Leisure Pool	Knocks out the Ceiling tiles
No Diving in the Shallow end	Not Deep enough
No Diving in the Leisure Pool	Not Deep enough
No Street Shoes on deck	Makes the deck dirty, violates the health act
Patrons in Street clothes may not sit in the spa area	Contaminates area where bathers sit, violates Health Act
No Hanging on the Basketball hoop	It tips over
No shaving/shampooing/soaping on deck or in the spa area	Not sanitary, not good for our water, not pleasant
Wait at the bottom of the diving board until board is clear	Gives enough time for patron to get out of the way
No Double Bouncing	Causes diving accidents
No Standing on the Mat or Womblor	Spinal Potential if shallow or near a wall or rope
No getting on the Mat or Womblor from the pool deck	Spinal Potential
No Kids in the Adult hot tub or Spa area	Too hot for children, these areas kept quiet for adults
Swimming Fitness equipment is only for lane swimmers and lessons	To prolong the life of our equipment
Floaties, Blue/green noodles are only for lessons, fitness classes and adults doing fitness on their own	To prolong the life of our equipment
No water polo balls to play basket ball	Too hard, can cause injury if not supervised
Educate parents with kids in the family hot tub (lifejackets)	The effects of heat on children
No spitting anywhere on deck	Unsanitary and unpleasant
Lifeguards may not spit either	Unprofessional
Children are allowed in the hot tub during lesson with parents	
No large mats/womblor in leisure pool except during lessons	Visual obstruction
No patrons on the bulkhead	Liability and it's a guarding path
No patrons under the bulkhead	Liability and a visual obstruction
No standing on the lane ropes	Breaks them
No watering cans in the steam room, personal water bottles only	To prevent people from pouring water on the sensor.
No Photographing in the facility, unless monitor by AL	Liability Issues
No Children under 7 years out of arms reach of a parent or guarding that is at least 16 years old	Drowning prevention, coroner's recommendation, Part of the 1972 BC Health act, and soon to be part of the new one
Breast-feeding is okay anywhere.	Safety of the child, bather comfort.
Shower before entering the pool	Better water quality
No throwing people off shoulders except into the deep end of the Main pool	Safety reasons, potential for spinals
No Roughhousing above the shoulders	Safety reasons.
No Kids or Lessons in the Leisure Adult Lane	Maintain the Adult areas
Patrons must swim to the closest side edge after jumping off the diving board. May not swim back towards the diving board	So they are not jumped on and so the next patron can go sooner.

Rule	Reason
When any diving board is open a guard should be on the bulkhead	Better visibility and response time
One at a time on the slide. The Rider must have two feet on deck before the next one leaves.	Safety Reasons, Company imposed rule
Rider must be 42' –Under 42' rides with parent	Flume Depth, Company imposed rule
With only one Game Leader at the top the Slide, a guard must watch the slide bottom.	Safety Issues
Patrons with rivets/studs in bathing suits may not go down slide (lifejackets)	Scratches the slide
Bathing patrons may not enter the viewing area and then re-enter the pool	Contamination Issues
No sitting on the yellow or red walls	May fall
No back dives off pool edge or starting blocks. Diving boards or from within the water (ex from the ladders where body is half out of the pool) is okay.	May hit the back of the head
Teachers should not "wait for the late." Get in the water	Customer Service for those who are on time
Meet kids at the appropriate area	Consistency
Instructors must be the "First in and the Last out."	Red Cross standard and good teaching practice.
No disappearing on off rotations	
Inform Aquatic Leader of where the off rotation will be spent	Safety reasons.
Take the control room radio when on an off rotation	Communication for Back-up
One guard should try to spend as much of an off rotation in the control room when not doing maintenance	First Aid response