

Joel's Sample Treatment

First Aid: Unconscious Non-Breathing

Scene Assessment (30 seconds)

- *Hi my name is Joel and I'm a lifeguard*
- *I want you to stay still and remain clam while I ensure no dangers and make sure my gloves are on.*
- *What happened? [response]*
- *The mechanism of injury appears to be _____.*

Primary Survey (60 seconds)

- *Hello, can you hear me? Hello, can you me?*
- *No response to verbal or pain stimulus*
- *Assuming delicate spine, and maintaining immobilization*
- *Assessing the airway by looking in the mouth, don't see anything*
- *Doing a jaw thrust, and checking for breathing for a full ten seconds*
 - *Don't see chest rise/fall*
 - *Don't hear and breathing*
 - *Don't feel any air*
- *BREATH chest rise/fall BREATH*
- *Checking signs of circulation for a full ten seconds*
- *Despite no breathing, coughing or moving, I **do** feel a strong pulse*
- *BREATH – I am continuing rescue breathing every 5 seconds while I start my RBS*
- *BREATH – Checking under the back and legs for deadly bleeding*
- *BREATH – Exposing the chest, looking for escaping air or other chest trauma*
- *BREATH – Checking legs and arms for unstable fractures or medic alerts.*

Shock Treatment (20 seconds)

- *BREATH – sizing and inserting oral airway, checking acceptance*
- *BREATH – airway is accepted, setting up oxygen at 15 lpm*
- *BREATH – putting on a blanket and reassuring patient throughout*
- *BREATH – you're doing great buddy – it's going to be ok – the ambulance is on the way!*

Vitals (40 seconds)

- *BREATH - Starting vitals at time _____. This is also my ABC reassessment*
- *BREATH – Assessing LOC: Hello Hello Pinch Pinch. No response.*
- *BREATH - Patient has no motor control, eye opening response, or verbal abilities or 3 on the GC Scale.*
- *BREATH – Reassessing breathing and pulse for ten seconds. Pulse is feeling strong and regular, and I am still not seeing any signs of breathing.*
- *BREATH – I got 13 beats in 10 seconds or 78 bpm. Correct?*
- *BREATH – Respirations are assisted at 12 bpm with no difficulties.*
- *BREATH - Eyes are equal & reactive. Both are about 4mm in this light. Correct?*
- *BREATH - Skin is normal colour, warm, and dry, when compared to mine. Correct?*

History (20 seconds)

- *BREATH – My patient's chief complaint is unconscious non-breathing*
- *BREATH – History could be _____*
- *BREATH – Looking for any identification or information on my patient*
- *BREATH – Medications/Allergies/Medical History is unknown*

Head to Toe (40 seconds)

- *BREATH - Checking head: around eyes, cheekbone, jaw, through hair, in & behind ears.*
- *BREATH - Checking neck, along spine, trachea, collarbones, and shoulders*
- *BREATH - Checking sternum, ribs around the back, along spine, and kidneys*
- *BREATH - Checking 4 quadrants of the abdomen, pelvis and groin*
- *BREATH - Checking one leg down to the foot; pulse, cap refill, and pain response*
- *BREATH - Checking second leg down to the foot; pulse, cap refill, and pain response*
- *BREATH - Checking one arm down to the hand; pulse, cap refill, and pain response*
- *BREATH - Checking second arm down to the hand; pulse, cap refill, and pain response*