

Bronze Medallion Course Outline

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
0:00	Intro	Respiratory System	Circulatory System	Quiz	Deadly Bleeding	Heart Attack	Hypothermia	Review	Big Quiz	Final Exam
0:15	Lifesaving	Rescue Breathing	Adult CPR	Obstructed Airway	Shock	Stroke	Heat Exhaustion/ Heat Stroke			
						Hyperventilation				
0:30	Water Rescue				ABC's Practice	Adaptions for children and practice	Fractures	BREAK	BREAK	
0:45	Primary Survey (first 6 steps)	Drowning				BREAK	Review	Rescues		
1:00		Recovery Position	BREAK	BREAK	BREAK	BREAK				
1:15	BREAK	BREAK	Stroke Correction	Defenses & Releases	Removals	Searches	Rescues			
1:30	Aids	Reverse and Ready	Eggbeater	Rescues	Rescues	Rescues				
1:45	Entries	Basic Rescues	Tows and Carries							
2:00	Victim Types		Removals							
2:15	Stroke Correction	Time Swim	Time Swim	Time Swim	Time Swim	Time Swim	Time Swim	Time Swim	Time Swim	
2:30						First Aid Assignment Due		Project Due		