Rescue of a non-breather non-swimmer or injured victim. (broken arm/leg, bleeding, dislocated shoulder or leg cramp) 2 rescues must have a 20 metre approach.	recognition	call for help	aid	appropraite entry	approach	reverse & ready	rollover	carry & removal	assessment (ABC's)	rescue breathing	follow-up	contact EMS	victim care	personal safety	Purpose: To prepare for the prevention of loss of life in an aquatic emergency with minimal risk to the rescuer.	result
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