

Reading Assignment #2

Read through the Instructor Notes, pages 23 to 47, and answer the following questions:

9. What is one important question to ask when deciding what kind of game to play?

10. What kind of games are most effective with children? _____

11. What is the most effective way to teach safety while playing games? _____

12. What is the most effective way to teach knowledge? _____

13. How often should you work out to improve your fitness? _____

14. What kind of rescues should you avoid teaching? _____

15. What are the steps of the ladder approach?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

16. Why is it important for candidates to simulate victims well? _____

17. Why is it important to train candidates to handle spinal victims by themselves?
